Innovative and practice-driven training courses for teachers and education staff

Discover our vast selection of training courses tailored for teachers, trainers, headmasters and other staff of education organizations and grab the opportunity to receive an Erasmus+ grant covering all the costs including travel, board and lodging and course fee.
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Our courses are tailored to meet the needs of school, university and adult education staff both teaching and non-teaching staff. That’s because our courses addresses both specific professional needs as well as the development of soft skills and transversal competencies and challenges. Every year we introduce new courses based on innovative education trends and participants’ feedback. In 2018-19 we offer 22 different courses about ICT and new technologies, inclusion and special needs, intercultural learning and diversity, innovative teaching methods and soft skills.

We always personalize the working methods and the training programme based on the participants thus ensuring that the competences learned are relevant and applicable to real contexts. Our courses are highly pragmatic and interactive with innovative and practice-driven content, offering the opportunity to develop new skills together with fellow European education staff. Our methodology is based upon experiential training, group activities, cooperative learning, simulation and best practices’ exchange and we make extensive use of real example, case studies and visits to local schools.

We organize our courses in 3 beautiful locations (Bologna and Palermo in Italy; Tenerife in Spain) and with nearly 50 sessions we cover almost every week of the year. Please consider that for groups of at least 6-8 participants we can organize a personalized session in the language, topic, location and that suit you the best.

We put a special emphasis on the social and cultural dimension of our courses. We are in love with our culture and we’re glad to offer foreigners the opportunity to get a taste of it. Beside the training activities, for the participants interested to discover our artistic heritage and traditions, we organize cultural and recreational activities. Upon request, we organize guided tours to some of the most beautiful Italian cities (Florence, Venice, Milan, Cefalú...).

Our training courses are designed to be eligible and 100% funded by the Erasmus+ programme and offer high quality at a reasonable cost. Teachers, trainers, headmasters and any other staff of education organizations are eligible to receive an Erasmus+ grant covering all the costs including travel, board and lodging and course fee.
The Institute for Training, Employability and Mobile learning

The Institute for Training, Employability and Mobile learning (IFOM) is a training centre that holds far-reaching experience in designing and implementing international training courses and learning mobility projects for teachers, education staff and students with the support of European programmes, especially Erasmus+ and PoWer having implemented over 150 Erasmus+ projects.

IFOM offers a range of innovative and practice-driven training courses as well as job-shadowing and study visits for teachers, trainers, headmasters and other education staff in order to support them to improve their competences and the quality of education provided by acquiring transversal skills and specific knowledge on innovative teaching methods and practices. At the same time IFOM organises national and transnational work-based experiences for students, graduates, apprentices and unemployed people.

IFOM works closely with schools, teachers and students at regional and national level. Some IFOM trainers are working as well as teachers in local schools and are organising specific project-based and non-formal activities for the students as such they can bring to the course concrete and real-life classroom experiences based on their practice.

IFOM is member and participates in eTwinning particularly in the European Corner and notably using the teachers’ corner to find teaching resources about European Union and European best practices. IFOM uses eTwinning as well to network with fellow teachers and schools, both at Italian and European level and to find interesting events, projects and partners.

IFOM participates as stakeholder in several international networks, in particular of the Digital Skills and Jobs Coalition a multi-stakeholder partnership launched by the European Commission to help meet the high demand for digital skills in Europe and modernise education across the EU and harness digital technologies for learning. IFOM is member as well of the European Alliance for Apprenticeships, a European Commission network that aims to promote work-based learning schemes and initiatives across Europe.
Our approach and key values

**Flexibility** - Having a long-standing experience in delivering teacher training courses we know how much flexibility is appreciated and we make our best to tailor the programme as well as the practical arrangement.

**Application support** - We support our Erasmus+ partners in every steps of the project and in particular during the application stage providing tips as well as the learning outcomes and daily schedules of our courses.

**Dissemination** - Thanks to our international activity and social media presence we have a strong dissemination and visibility capacity and we provide participants with photos and a summary video of each course.

**Erasmus+ added value** - As partner, IFOM brings a strong added value to an Erasmus+ project thanks to: its experience, its international presence (eTwinning, SEG, EPALE...), its involvement as stakeholder in EC initiatives and networks and its dissemination and visibility capacity.

**Certification** - We support our participants in the certification and validation of the learning outcomes with specific focus on EU instruments such as the Europass mobility certificate, the staff mobility/learning agreement and the quality commitment.

**Passion and commitment** - We shine when it comes about commitment, passion and care. We believe in our work and we love to welcome, train and meet with teachers and education staff.

**Multilanguage** - Our team is composed of experts from all over Europe that speak fluently over 10 languages, able to organize ad-hoc sessions in 10 different language and to support the participants from every point of view including the linguistic one.

**Our contacts** - Feel welcome to contact us by phone at +393808698725, by whatsapp at +393284597057 or by mail at staff@ifom.info.
Feel cared for, feel like at home

We shine when it comes about commitment, passion and care. We’ve been abroad in training courses and we know what teachers need to feel cared for. We’re proud that our participants feel at home during our courses and we undertake to make them feel comfortable and to cater for their personal, practical and educational needs. We support our partners in every step from application, to preparation, to monitoring and evaluation, to organization of practical arrangements and collection of all final documentation.

We tailor our training courses to both our participants learning and personal needs. In addition to delivering the training, to ease and enhance your participation at our training courses we can take care of all the practical arrangements. We provide board and lodging in the same hotel in which we organize the training thus ensuring the best comfort and coziness as well as effective time management. With our all-inclusive format all accommodation, meals, local transport during the courses as well as cultural programme are provided by us and are fully covered by the Erasmus+ funding. In this way participants just need to organise their travel and can rely on us for all the others practical arrangements.

Above all we love our work and we enjoy being with teachers and education staff. You’ll see it, you’ll feel it.
What past participants say

“The ICT training in Bologna have been a wonderful experience. All the trainers very extremely knowledgeable and helpful. I’ve been take care of in every possible way”
- Karin Vedvik, Norway

"The course was really practical. It was well structured and in that way met demanding expectation that adults have when learning. I’m looking forward to my presentation at home about the course."
- Anney Pórunn Porvaldsdóttir, Iceland

"It was fantastic. It was beyond my expectations. It gave me tools to improve my teaching skills that will help motivate my students."
- Sonia Ferreira, Portugal

"As it says in the info about this course, it truly is tailored to individual needs of the participants. It is hands on and very interactive with aim of learning the basic use of introduced apps & programs."
- Marija Svircic, Croatia

"Being a teacher for nearly thirty years and having attended all sorts of courses, training courses and lectures, this is probably the only one I wish all my colleagues could attend, both for the themes and the proficiency which was delivered."
- Maria Isabel Vieira Rodrigues, Portugal

"I highly recommend this training institution . The training is focused, very well on participants plus the content meets the needs of the members."
- Deborah Ryan, Ireland

"Perfect trainer and a very valuable training. I’ve learnt a lot especially about myself and I hope it will improve my comfort of life, personal and professional."
- Natasza Tchòrz, Poland

"Great opportunity to increase our everyday knowledge. Do not hesitate to sign in. Language is not a problem."
- Alexandra Gonçalves, Portugal
Creativity for the future: promoting Critical Thinking and Problem-Solving in the classroom

2019-20 PLANNED SESSIONS
Bologna
01/12/2019 - 07/12/2019
03/05/2020 - 09/05/2020
23/08/2020 - 29/08/2020
Overview and Main Objectives

In our pursuit of preparing students for real world careers and challenges and equipping them with 21st-century skills, we often forget that as educators, we have a duty to dream and create spaces where everyone has the opportunity to bring out the best in themselves. The aim of this training is to raise confidence and broaden knowledge in educators and teachers in adopting different techniques and methods of encouraging their students to become more creative and develop their critical thinking and problem solving skills. In this way, we will be effectively preparing them to be manager and directors of their own future, a constantly changing reality where they will be able to successfully apply their 21st century competences to take on complex and open-ended challenges.

This course aims to provide participants with different strategies, tools and ideas tailored to their needs and realities in order to inspire students’ creativity and motivation through innovative and interactive teaching methods based on experiential learning.

Thanks to this course the participants will:

- Develop a greater understanding of the differences between formal, non-formal and informal learning;
- Broaden knowledge about the importance of developing creativity and critical thinking;
- Learn activities and games aiming at shaping creative thinking;
- Learn how to engage students and motivate them to establish effective collaboration and develop problem solving skills as well as their self-esteem;
- Learn how to lead and deliver experiential activities to stimulate the students’ creativity in problem-solving;
- Get to know Outdoor Education principles and advantages using a practical and experiential approach.

Click here for more info about this course
The best for preschool teachers: Montessori method, Reggio Emilia Approach and much more

2019-20 PLANNED SESSIONS

Bologna
20/10/2019 - 26/10/2019
31/05/2020 - 06/06/2020
01/11/2020 - 07/11/2020
The best for preschool teachers: Montessori, Reggio Emilia Approach and much more

Overview and Main Objectives

From the Reggio Emilia Approach to Outdoor Education, from the Montessori Method to Non Formal Education. The world of early childhood and preschool education is in constant development and for preschool teachers is crucial to keep up with the new trends and stay on top of what's current. This training course for preschool teachers will be a springboard for exploring the main principles, features and benefits of the best preschool approaches. Joining this training course, preschool teachers will have the chance to explore the growing trends in preschool education and will learn in a practical and experiential way which the activities and approaches are most suited for their purposes. Teachers will learn how to design their own activities based on the needs and realities of their pupils as well as learning and practicing outdoor activities, learning games and concrete ideas to foster preschool pupils creativity and learning.

Thanks to this course the participants will:

- Get acquainted with the new trends and most effective approach in early childhood and preschool education
- Learn about the key principles of the Montessori Method and Loris Malaguzzi’s Reggio Emilia Approach;
- Discover the benefits of embedding nature and biodiversity in preschool activities;
- Experience and practice inspirational outdoor education activities;
- Learn how to design, prepare and deliver interactive Non-Formal Education learning activities and games;
- Get to know and experiment learning games and activities to stimulate early years children creativity and social development;
- Visit Italian preschools and kindergartens and exchange best practices and experiences.

Click here for more info about this course
Effective Classroom Management Strategies and Ideas for teachers

2019-20 PLANNED SESSIONS

Bologna
26/01/2020 - 01/02/2020
07/06/2020 - 13/06/2020
13/09/2020 - 19/09/2020
Overview and Main Objectives

In order to better achieve their teaching goals, effective teachers should also act as effective classroom managers. Classroom managements skills are essential even for the most talented teacher: learning simply cannot occur alongside misbehavior and chaos. Instruction flourishes upon leading a classroom environment that promote a collaborative community, encouraging student voice, creativity, leadership, critical thinking and effective teamwork. In a successful classroom management, children and students needs are at the heart of the teaching process. By taking part to this course, you will learn how to include reflective moments and peer-education in your teaching practice in order to monitor and improve motivation and classroom behaviors. At the end of the course, you will be able to implement modern pro-active practices including the Flipped Classroom approach and set up a classroom structure based on a positive, accepting, inclusive, motivated, engaging, and safe learning environment in order to improve your teaching skills and ease your tasks in the classroom.

Thanks to this course the participants will:

- Learn and practice reflective tools for establishing common rules and develop conflict management and resolution skills;
- Develop working methods and approaches for building positive and welcoming environment;
- Analyze and improve current practices to develop a student-centered teaching approach;
- Get to know and experiment practical activities, ICT tools and cooperative techniques;
- Learn about the Flipped Classroom approach and concrete strategies to adopt it;
- Get an overview of the trending innovative teaching methods and their benefits for the student learning process and attitude.

Click here for more info about this course
Teaching languages in the digital era: the best apps, web platforms and ICT solutions

2019-20 PLANNED SESSIONS

Bologna
14/06/2020 - 20/06/2020
04/10/2020 - 10/10/2020

Palermo
25/08/2019 - 31/08/2019
02/08/2020 - 08/08/2020
Teaching languages in the digital era: the best apps, web platforms and ICT solutions

Overview and Main Objectives

Teaching languages in the 21st century is a rapidly changing and innovating process. New technologies and internet offer everyday new possibilities and tools to support student in their process of learning a language. For language teachers, it is crucial to learn and be updated about the best apps, web platforms and digital tools that could support them in their job and make it easier, more effective and engaging to teach a foreign or native language.

By taking part in this course, teachers, trainers and education managers will gain an outlook on best apps, web platforms and digital solutions to empower and support language learning. Through an hands-on approach and learning-by-doing methodology, participants will develop concrete ICT and digital skills that they’ll be able use in the classroom to teach languages.

Thanks to this course the participants will:

- Get to know the best apps, web platforms and ICT resources for learning languages;
- Learn how to use digital flashcards to recap and extend vocabulary;
- Learn how to create and use multimedia content to teach a foreign or native language;
- Learn the basic concepts about web design, blended learning and e-learning;
- Learn how to create digital games to foster language learning;
- Learn how to digitally assess and recap vocabulary and grammar;
- Learn how to use ICT tools to make learning a first or second language more effective, motivating and interactive.

Click here for more info about this course
Stress Management, Bullying Prevention, Emotional Intelligence for teachers

2019-20 PLANNED SESSIONS

Bologna
12/07/2020 - 25/07/2020
Overview and Main Objectives

Bullying is a major cause of stress and can hurt, frighten or make students angry and even depressed. By raising awareness about the sources of bullying behaviours and the profile of the bullying victims, teachers can be mentors in coping with virtual and real aggressions, which are the main sources of the stress that overcasts all the other aspect of a student’s life. Stress can also play a key factor in what can cause bullying, therefore by learning stress management techniques and developing social emotional intelligence, we can begin to tackle the source of what often can lead to children bullying each other.

Thanks to this course, participants will learn how to analyze the sources of stress, recognize and cope with bullying behaviours, help students to develop their social emotional intelligence by improving motivation, self-esteem, and self-regulation to overcome stress and heal traumas caused by or leading to bullying in order to proceed positively in life.

Thanks to this course the participants will:

- Learn about the dynamics and characteristics of stress, its causes and its effects;
- Practice and acquire concrete stress management tools;
- Learn how to apply stress management tools to typical education situations;
- Learn how to lead non-formal activities to solve conflict situations;
- Acquire a greater understanding of the various forms of bullying and its impacts, risk factors and long-term effects;
- Get to know how to build a positive classroom environment and develop social and emotional learning;
- Learn how to develop and enforce a school policy plan on tackling and preventing bullying at school.

Click here for more info about this course
Integrating ICT and new technologies into teaching and education

2019-20 PLANNED SESSIONS

Bologna
17/02/2019 - 23/02/2019
10/11/2019 - 16/11/2019
14/06/2020 - 20/06/2020
04/10/2020 - 10/10/2020

Palermo
25/08/2019 - 31/08/2019
02/08/2020 - 08/08/2020

Tenerife
13/10/2019 - 19/10/2019
Integrating ICT and new technologies into teaching and education

Overview and Main Objectives

Nowadays there is a growing trend towards integrating information and Communications Technology (ICT) into teaching and training. New technologies offer education staff a wide new range of possibilities and tools, but not without challenges. ICT can be a muddy environment and approaching it without a proper guidance and a practical training can be a time-consuming task. Taking part in this course teachers, trainers and education managers will gain an outlook on best practices and concrete ways to use ICT to empower education. Through an hands-on approach and learning-by-doing methodology participants will develop ICT skills that they'll be able use in the classroom.

This structured course allows participants to improve their ICT skills in a practical and concrete way together with other participants and trainers throughout all Europe. The course has a flexible approach in order to adapt the learning outcomes to the particular needs and ICT profile of the participants.

Thanks to this course the participants will:

- Get an overview of the most important new technologies and of the growing trend of integrating ICT into education;
- Get to know the best apps, web platforms and ICT solution for teachers and education staff;
- Learn how to create engaging and interactive multimedia content and presentations;
- Learn how to digitally assess students’ knowledge and understanding in real-time;
- Learn the basic concepts of distance learning, e-learning and flipped classroom;
- Learn how to create a website or a blog;
- Get a new perspective on ICT tools and learn new ways and best practices to integrate ICT into teaching and training.

Click here for more info about this course
## Making the most of new technologies, apps and social media in the classroom

### 2019-20 PLANNED SESSIONS

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<th>Location</th>
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<td>Tenerife</td>
<td>20/10/2019 - 26/10/2019</td>
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Making the most new technologies, apps and social media in the classroom

Overview and Main Objectives

Nowadays - either we like or not - social media are playing an important role in our society. Social networks offer to education a wide new range of possibilities and tools, but not without challenges. New technologies can be a muddy environment and approaching it without a proper guidance and a practical training can be a time-consuming task. Taking part in this course teachers, trainers and education managers will gain a outlook on best practices and concrete ways of using social media to empower and support education. Through an hands-on approach and learning-by-doing methodology participants will develop concrete competences on how to integrate social networks into teaching and training.

This structured course allows participants to improve their ICT skills in a practical and concrete way together with other participants and trainers throughout all Europe thus gaining as well a broader understanding of education in Europe and exchanging best practices and experiences.

The course has a flexible approach in order to adapt the learning outcomes to the particular needs and ICT profile of the participants. Thanks to this course the participants will:

- Get acquainted with the most relevant social networks (Facebook, Twitter, Pinterest, Instagram, YouTube…) and how they can be integrated into education and learning;
- Learn how to create and use images and videos in your classroom;
- Learn how to easily design a website or a blog;
- Learn the basic concepts of creating an e-learning platform;
- Learn about the best apps and web solutions to make education more engaging, motivating and innovative;
- Get a new perspective on ICT tools and learn new ways and best practices to integrate new technologies into education.

Click here for more info about this course

CATALOGUE 2019/20
ERASMUSTRAININGCOURSES.COM
Learn how to create an E-learning platform and a website in 1 week

2019-20 PLANNED SESSIONS

Bologna
14/07/2019 - 20/07/2019
10/11/2019 - 16/11/2019
16/02/2020 - 22/02/2020
01/11/2020 - 07/11/2020

Palermo
18/08/2019 - 24/08/2019
26/07/2020 - 01/08/2020

Tenerife
13/10/2019 - 19/10/2019
Overview and Main Objectives

Nowadays there is a growing trend towards integrating ICT into teaching and training. There a number of e-learning and web design tools that offer educators great opportunities but not without challenges. Platforms like Moodle, Edmodo, Weebly, etc., can be a muddy environment and approaching them without a proper guidance can be a time-consuming task. Taking part in this course teachers, trainers and education managers will learn how to create a website and an e-learning platform for educational purposes. Through an hands-on approach and learning-by-doing methodology participants will create their first e-learning platform and website during the training.

This course will guide participants through the basic steps of developing a website and integrating Moodle or Edmodo in their educational pathways. By the end of the training each participants will create by his/her own a website and an e-learning space.

Thanks to this course the participants will:

- Get an overview of the most important new technologies and web platforms to enable e-learning and distance learning;
- Learn how teachers and students can easily create and edit multimedia content;
- Learn how to create an engaging website or blog;
- Learn how to set up and manage an e-learning platform and involve students (and parents) in the learning process;
- Learn how to give to education an extra dimension and how to boost learners motivation through using new technologies;
- Learn how to deliver blended courses and combine face-to-face education with virtual learning..

Click here for more info about this course
Intercultural Learning and Cultural Diversity in the Classroom

2019-20 PLANNED SESSIONS

Bologna
10/02/2019 - 16/02/2019
12/05/2019 - 18/05/2019
15/09/2019 - 21/09/2019
01/12/2019 - 07/12/2019

16/02/2020 - 22/02/2020
10/05/2020 - 16/05/2020
30/08/2020 - 05/09/2020
25/10/2020 - 31/10/2020

CATALOGUE 2019/20
ERASMUSTRAININGCOURSES.COM
Overview and Main Objectives

Europe has always had an important role in global economy, politics and history. Today, Europe is not only a geographical location but also conglomeration of the different institutions, cultures and languages that comprise the European Union. In recent years, Europe has had to face a series of obstacles and changes due to the economic crisis, immigration and internal migratory tendencies, Euroscepticism and major events such as Brexit. Young Europeans, looking ahead to an uncertain future, are leaving Europe in search of new opportunities beyond the European sphere, at the same time as millions of families and individuals are entering Europe’s borders fleeing situations of conflict, in search of a brighter future.

European educational systems have confronted numerous difficulties in responding to the needs of a society in continual transformation, and confronting a new generation of young people that is increasingly more multicultural, technologically inclined and influenced by the effects of globalization.

Thanks to this course, the participants will:

- Confront head-on stereotypes and personal prejudices, while developing their cultural sensibilities;
- Identify mechanisms of oppression inherent in public institutions, and how this affects classroom dynamics;
- Explore different points of view through the participation of simulation exercises and storytelling;
- Learn new approaches to education that can be applied to culturally diverse classrooms;
- Know more about teachers' role in the integration process of immigrant or foreign children;
- Exchange good practices and discuss challenges with fellow colleagues and the course trainers.

Click here for more info about this course
Preventing Conflicts and Tackling Early School Leaving

2019-20 PLANNED SESSIONS

Bologna
24/02/2019 - 02/03/2019
24/11/2019 - 30/11/2019
01/03/2020 - 07/03/2020
Preventing Conflicts and Tackling Early School Leaving
Overview and Main Objectives

Early School Leaving (ESL) is directly connected to unemployment, social exclusion and poverty. Personal or family problems, learning difficulties, conflicting dynamics are all factors that influence students to drop-out from school prematurely together with the pedagogic methods, the school climate and the relationship teacher-pupil. Today is more than important to work on these factors to prevent and fight ESL and conflicts. Since there is not a single reason for early school leaving, there are no easy answers and an holistic approach is needed. During the course the participants will learn how to identify the causes of ESL and the best approaches and strategies to prevent, tackle and reduce it as well as the keys to conflict management. Policies to reduce early school leaving must address a range of triggers and combine education and social policy, youth work and health related aspects such as drug use or mental and emotional problems. This course aims to provide teachers, headmasters and education staff with knowledge, tools and methods to prevent and tackle Early School Leaving.

Thanks to this course, the participants will:

- Understand the causes and effects of ESL as well as the relevant European trends;
- Learn about the dynamics and characteristics of conflicts and the most effective strategies to prevent and manage them;
- Get acquainted with the key elements and growing trends related to ICT and project-based learning;
- Learn how to engage students and motivate them through interactive and participatory pedagogic methods;
- Learn how to lead and deliver experiential workshops, simulation activities and digital projects to fight drop-outs;
- Learn how to involve parent and stakeholders to tackle ESL in a more effective way.

Click here for more info about this course

CATALOGUE 2019/20
ERASMUSTRAININGCOURSES.COM
Diversity in the classroom: teaching tolerance and overcoming discrimination

2019-20 PLANNED SESSIONS

Bologna
28/04/2019 – 04/05/2019
27/10/2019 – 02/11/2019
01/03/2020 - 07/03/2020

28/06/2020 - 04/07/2020
27/09/2020 - 03/10/2020
Diversity in the classroom: teaching tolerance and antidiscrimination

Overview and Main Objectives

The course “Diversity in the classroom” explores key challenges and strategies related to addressing diversity in the school environment and promoting tolerance. As teachers and education staff, we always aim for our student to be successful, to have the right knowledge, skills and attitudes to find their best place in the society we live in. Our modern society is extremely diversified as well as multicultural, as such, promoting diversity and tolerance in the classroom has become a crucial goal for teachers, school and adult education.

Building empathic and open-minded characters welcoming for diversity can make a real impact for learners and for the whole society. Participating in this course teachers and education staff will share and discuss challenges, best practices and strategies about promoting tolerance and acknowledging and celebrating diversity in the classroom.

Thanks to this course participants will:

- Get familiar with the key challenges and concerns in acknowledging and promoting diversity;
- Share and discuss concrete examples, ideas and tools to inspire and support teachers in their lesson planning;
- Learn how confront head-on stereotypes and personal prejudices, while developing cultural sensibilities and tolerance;
- Explore different points of view through the participation of simulation exercises and storytelling;
- Learn new teaching methods and tools that can be applied to promote diversity and tolerance in the classroom;
- Exchange good practices and discuss challenges with fellow teachers and the course trainers.

Click here for more info about this course

CATALOGUE 2019/20
ERASMUSTRAININGCOURSES.COM
Special needs and inclusive education, the Italian experience of overcoming segregation

2019-20 PLANNED SESSIONS

Bologna
31/03/2019 - 06/04/2019
06/10/2019 - 12/10/2019
24/11/2019 - 30/11/2019
02/02/2020 - 08/02/2020

03/05/2020 - 09/05/2020
04/10/2020 - 10/10/2020
29/11/2020 - 05/12/2020


"Inclusive education is not an optional extra; it is a basic necessity. We must put the most vulnerable at the heart of our actions to achieve a better life for all" said Androulla Vassiliou, European Commissioner for Education, Culture, Multilingualism and Youth. Statistics prove that students with learning disabilities in segregated schools catered for special education needs will be more likely to be earlier school drop-out or to have fewer opportunities when entering the job market.

Inclusion of students with special needs in mainstream schools is an important goal, and Italy has been a pioneer in this field and with only the 0.01% of students with special needs in segregated schools leads EU countries in inclusive education.

Participating in this course teachers and education staff will get to know and analyse the Italian model discussing strategies, working methods and approaches to fight the segregation of students with special needs and at include them in the mainstream education.

Thanks to this course participants will:

- Get to know the key principles, benefits and values of inclusive education;
- Learn about the Italian inclusive education model of overcoming segregation and including students with special needs in mainstream education;
- Get acquainted with ICT tools and platforms that support and ease the learning process of students with special needs;
- Get to know and discuss teaching strategies and practical activities to foster participation and enhance learning;
- Discover the power of peer-involvement and peer-education;
- Visit Italian schools and institutions active in the field of inclusive education and exchange good practices with Italian teachers.

Click here for more info about this course

\[\text{IFOM}\]
How to stop bullying and cyber bullying in schools and promote social emotional learning

2019-20 PLANNED SESSIONS

Bologna
24/03/2019 - 30/03/2019
04/08/2019 - 10/08/2019
10/11/2019 - 16/11/2019

23/02/2020 - 29/02/2020
26/07/2020 - 01/08/2020
Overview and Main Objectives

Bullying behaviors, whether virtual or face-to-face, have negative impacts not only on victims and survivors, but on bullies too. They leave scars that may never properly heal and will shape their life to come. Although the focus on the topic of bullying and cyber bullying is strong, people still asks themselves “Now, what are we really going to do about it?”

In this course participants will reflect on the impacts that bullying and cyber bullying behaviors have and what are concrete steps that can be taken in order to not only stop, but also prevent to happen. This structured course aims increase participants’ awareness about the phenomenon, acquiring methods and tools to build a positive school and classroom environment and plan long-term strategies and policies to apply in order to prevent and reduce bullying and cyber bullying in schools. The general aim of this course is to foster excellence in education by equipping teachers and school managers with the needed knowledge and competences to effectively prevent all forms of bullying in education and school settings.

Thanks to this course the participants will:

- Acquire a greater understanding of the various forms of bullying and deeper knowledge about impacts, risk factors and long-term effects on victims and bullies;
- Get to know how to build a positive classroom environment and develop social and emotional learning;
- Learn how to develop and enforce a school policy plan on tackling and preventing bullying at school;
- Explore and discuss the fine line between legal and illegal behavior and how to identify bullying conducts;
- Exchange good practices and discuss challenges with fellow colleagues and the course trainers about how to reduce bullying in schools.

Click here for more info about this course
Innovative teaching methods for teachers, school and adult education staff

2019-20 PLANNED SESSIONS

**Bologna**
- 20/01/2019 - 26/01/2019
- 11/08/2019 - 17/08/2019
- 06/10/2019 - 12/10/2019

**09/02/2020 - 15/02/2020**

**Tenerife**
- 15/11/2020 - 21/11/2020

**02/08/2020 - 08/08/2020**
Using innovative methods of teaching is a crucial skill for teachers and education staff. Scientific research has shown that innovative teaching methods and approaches can significantly enhance the student learning process. Innovating our teaching strategies is no easy feat. It can be scary because, just like our students, it places us out of our comfort zone in a position where we can fail. However, experimenting new methods and strategies we can improve student engagement and attainment and is a win-win for both students and teachers.

This course allows participants to get to know, experiment and practice the most relevant innovative teaching methods - such as Project-Based Learning, Non-Formal Education, Contextual Learning, Outdoor Education - discussing and sharing best practices and experience with fellow European teachers and education staff. The general aim of this course is to foster excellence and innovation in education by empowering and inspiring teachers to use innovative teaching methods.

Thanks to this course participants will:

- Get an overview of the trending innovative teaching methods and their benefits for the student learning process;
- Get acquainted with the key principles and components of Project-Based Learning;
- Learn how to design, prepare and deliver interactive Non-Formal Education learning activities;
- Learn how to use outdoor education for personal, social and relational development;
- Get acquainted with the key principle of Contextual Learning;
- Get acquainted and practice the most relevant new teaching methods and approaches in an international inspiring environment with the support of the course trainers.

[Click here for more info about this course]
Applying Non-Formal Education in schools and adult education organizations

2019-20 PLANNED SESSIONS

Bologna
05/05/2019 - 11/05/2019
29/09/2019 - 05/10/2019
02/02/2020 - 08/02/2020

05/07/2020 - 11/07/2020
22/11/2020 - 28/11/2020

CATALOGUE 2019/20
ERASMUSTRAININGCOURSES.COM
Applying Non-Formal Education in schools & adult education organizations

Overview and Main Objectives

Think beyond the brick-and-mortar walls of the traditional classroom when it comes to learning and preventing early school leaving. At European level there is a growing trend towards valuing non-formal and informal learning as well as a strong focus on embedding non-formal working methods in traditional education pathways. In this course you will discover the differences between each type of learning and the emerging trends for how to motivate challenging students, but above all you will practice and master concrete non-formal activities, working methods and tools that you’ll be able to use the day after the course in your classroom.

This structured course aims to guide participants through the possibilities offered by the emerging trend of integrating non-formal working methods in formal education pathways and equip teachers and school managers with the needed knowledge to effectively apply non-formal working methods in school settings.

Thanks to this course the participants will:

- Develop a greater understanding of the differences between formal, non-formal and informal learning as well as the basic non-formal education principles;
- Learn more about the emerging trend of integrating non-formal working methods in formal education pathways;
- Practice and add to their know-how concrete non-formal activities, working methods and tools transferable into practice;
- Exchange best practices and share experiences with participants and staff coming throughout Europe;
- Network with individuals and organizations working in the education field in Europe through everyday cooperation and team-building activities.

Click here for more info about this course
When school and labour market meet: Dual Education and Work-Based Learning

2019-20 PLANNED SESSIONS

Bologna
03/03/2019 - 09/03/2019
17/11/2019 - 23/11/2019
23/02/2020 - 29/02/2020
12/07/2020 - 18/07/2020
Dual Education and Work-Based Learning
Overview and Main Objectives

In a world where unemployment strikes with skill mismatch, dual education can be a bridge over troubled waters. In both the Rethinking Education communication and the 2013 youth unemployment communication, the European Commission called on the Member States to step up their efforts in promoting work-based learning, including quality traineeships, apprenticeships and dual systems. Several European countries, among which Italy, implemented important reforms to support and foster work-based learning. Participants will get acquainted with the basic concepts and trends about dual education and will learn about concrete strategies and best practice to integrate work-based learning into education pathways. Participants will visit and network with schools and companies that are active in the field of work-based learning.

This course allows participants to improve their knowledge and competences related to work-based learning and dual education systems.

Thanks to this course the participants will:

- Understand the basic concepts of work-based learning and dual education systems;
- Acquire concrete knowledge about the implementation of dual education and the organization of work-based projects;
- Get acquainted with the funding possibilities offered by the Erasmus+ project to support work-based mobility projects;
- Meet teachers, company mentors, students and career counselors that have participated in the implementation of periods of work-based learning;
- Exchange good practices and discuss challenges with fellow colleagues and the course trainers;
- Visit and network with Italian schools and companies active in the field of work-based learning.

Click here for more info about this course
2019-20 PLANNED SESSIONS

Bologna
21/07/2019 - 27/07/2019
03/11/2019 - 09/11/2019
26/01/2020 - 01/02/2020
19/07/2020 - 25/07/2020
22/11/2020 - 28/11/2020
Entrepreneurship is a dynamic process of vision, change, and creation towards the creation of new ideas and creative solutions. Nowadays it's crucial to support learners to develop an entrepreneurial mindset as well as leadership skills and education can play a major role in this task. That explains the growing trend of teaching entrepreneurship, creative thinking and leadership at school. Taking part in this course the participants will understand the key elements and principles related to entrepreneurship and leadership education and will acquire concrete working methods, learning activities and didactic games that they will be able to integrate in their course and apply in the classroom.

This course aims to equip participants with the needed skills to deliver an entrepreneurship and/or leadership course in an high, vocational or adult school or to integrate some learning activities and approaches fostering entrepreneurial mindsets and assertiveness in their current courses.

Thanks to this course the participants will:

- Get acquainted with the key elements and growing trends related to entrepreneurship and leadership education;
- Learn how to use concrete learning activities and didactic games to support students to develop entrepreneurial mindsets and assertive attitudes;
- Learn how to engage students and motivate them to develop their entrepreneurship as well as their self-esteem;
- Learn how to lead and deliver experiential workshops, simulation activities and interactive projects to foster students entrepreneurial mindsets and leadership characters;
- Get to know case studies that could be used and integrated in a real course and exchange good practices and discuss challenges with fellow colleagues and the course trainers.

Click here for more info about this course
# Introducing Project Based Learning in the Classroom

## 2019-20 PLANNED SESSIONS

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<thead>
<tr>
<th>Location</th>
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Introducing Project Based Learning in the Classroom

Overview and Main Objectives

This course supports education staff to innovate the pedagogical approach in order to enable project-based learning (PBL) and its application in the classroom. This highly interactive and practice-based course aims to provide concrete examples, ideas and tools to inspire and support educators in their lesson planning.

The course explores three key challenges related to the implementation of PBL: how to establish effective collaboration among students, how to facilitate student-driven activities, and finally how to assess PBL in the classroom.

This course aims to provide teachers with the much needed tools and ideas to successfully plan and implement PBL activities in the classroom. The general aim of this course is to foster excellence in education by empowering teachers, trainers, headmasters and other education staff to implement PBL activities while sharing best practices and experiences with fellow participants and trainers throughout all Europe gaining as well a broader understanding of education in Europe.

Thanks to this course the participants will:

- Get acquainted with the key elements and growing trends related to PBL;
- Learn how to use Project planning tools and online databases to design learning activities;
- Learn how to engage students and motivate them to establish effective collaboration and develop problem solving skills as well as their self-esteem;
- Learn how to lead and deliver experiential workshops, simulation activities and interactive projects to foster students entrepreneurial mindsets and leadership characters;
- Get to know case studies that could be used in a real course;
- Exchange good practices and discuss challenges with fellow colleagues and the course trainers.

Click here for more info about this course
Outdoor education: a new way of teaching and learning

2019-20 PLANNED SESSIONS

Bologna
23/06/2019 - 29/06/2019
29/09/2019 - 05/10/2019
26/04/2020 - 02/05/2020

21/06/2020 - 27/06/2020
27/09/2020 - 03/10/2020

Tenerife
08/11/2020 - 14/11/2020
Outdoor education: a new way of teaching and learning

Overview and Main Objectives

Outdoor education is on the rise in Europe and beyond and there is an emerging trend of integrating outdoor learning activities in formal education and bringing the outdoors inside. Not only does outdoor education help students become in tune with their surroundings and gain an appreciation for the natural world, it also plays an important part in bringing what they learn in the classroom into real life through application and observation and highly contribute to their personal and social development.

This course is designed to provide teachers and other education staff with the basic skills and tools to lead a range of group exercises and challenges, problem solving games, experiential activities in the nature, on school sites, in local parks as well as in urban settings. The general aim of this course is to foster excellence and innovation in education by equipping teachers and education staff with the basic knowledge and skills to integrate outdoor education activities in their education programmes.

Thanks to this course participants will:

- Get acquainted the key elements, principles and growing trends related to outdoor education and teaching outside the classroom;
- Learn how to design, plan and deliver inspirational outdoor education activities;
- Experience and practice environmental and outdoor education working methods and approaches;
- Get to know and experiment practical activities and group games that could be used and integrated in a real course;
- Learn how to use outdoor education for personal, social and relational development;
- Exchange best practices and share experiences with teachers and education staff coming throughout Europe.

Click here for more info about this course
Effective communication and public speaking for teachers and education staff

2019-20 PLANNED SESSIONS

Bologna
30/06/2019 - 06/07/2019
19/07/2020 - 25/07/2020

Palermo
04/08/2019 - 10/08/2019
23/08/2020 - 29/08/2020
Effective communication and public speaking for education staff

Overview and Main Objectives

Communication and public speaking skills are crucial for teachers, trainers and education staff. Public speaking is the process of performing a presentation or a speech to a live audience in a structured, deliberate manner in order to inform, influence, or entertain them. As for every process, it can be learned and improved. Meanwhile is true that some people have natural communication skills everyone can and shall work on hi/her public speaking competences. By attending this course participants will practice and master communication and public speaking techniques, learn how to structure effectively a speech or a presentation and how to listen and engage the audience, receive personalized feedback based on your professional and personal needs.

This course aims to improve participants’ practical skills in designing and delivering effective public speeches and presentations. The general aim of this course is to foster excellence in education by empowering teachers, trainers, headmasters and other education staff to communicate more effectively.

Thanks to this course the participants will:

- Acquire knowledge and practical information about public speaking, communication techniques and learning styles;
- Learn how to structure and plan effectively a speech or a presentation and how to listen and engage the audience;
- Have the chance to practice and improve their public speaking and communication skills in a positive and supportive environment;
- Get personalized guidance and feedback on how to communicate more effectively;
- Learn best practices and concrete tips related to delivering effective public speeches and presentations.

Click here for more info about this course

CATALOGUE 2019/20
ERASMUSTRAININGCOURSES.COM
Soft Skills and Emotional Intelligence for teachers and education staff

2019-20 PLANNED SESSIONS

Bologna
30/06/2019 - 06/07/2019
03/11/2019 - 09/11/2019
19/07/2020 - 25/07/2020

Palermo
04/08/2019 - 10/08/2019
23/08/2020 - 29/08/2020

Tenerife
10/03/2019 - 16/03/2019
15/03/2020 - 21/03/2020
Overview and Main Objectives

Many studies and research have proven how soft skills are directly linked to success. This is true especially in the education sectors where skills such as communication, language, personal habits, interpersonal skills, managing people, leadership, etc. that characterize relationships with other people are more crucial and relevant than in other sectors. Soft skills contrast to hard skills, which are generally easily quantifiable and measurable, but are not less important than those. By attending this course participants will improve their soft skills such as working in a multicultural environment, managing a team, leadership, conflict management, public speaking, meeting management.

This structured course aims to enable participants to improve their soft skills such as teamworking, working in a multicultural environment, managing a team, leadership, crisis and conflicts management, public speaking and communication, meeting management.

Thanks to this course the participants will:

- Acquire knowledge and tools about teamworking and team management, conflict management, meeting management, public speaking and communication through specific practical learning sessions;
- Improve their practical soft skills through group exercises and tools’ simulations;
- Cooperate and learn in international context improving their capacity to communicate in English and teamwork in a multicultural environment;
- Improve their Curriculum Vitae competences and their employability perspectives;
- Exchange best practices and share experiences with participants and staff coming throughout Europe.

Click here for more info about this course
Stress and Conflict Management: the way to resilience and satisfaction

2019-20 PLANNED SESSIONS

Bologna
24/02/2019 - 02/03/2019
05/07/2020 - 11/07/2020

Palermo
11/08/2019 - 17/08/2019
30/08/2020 - 05/09/2020

Tenerife
17/03/2019 - 23/03/2019
08/03/2020 - 14/03/2020
Stress management: how to prevent and manage stress in schools

Overview and Main Objectives

Distress is a prevalent and costly problem in today's workplace and about one-third of workers report high levels of stress. Excessive work-related stress can have serious consequences both behavioural, physical and psychological. Parents’ behaviour, undisciplined students, workplace conflicts and deadlines are all potential causes for distress that teachers shall learn how to manage. Participants will learn how to identify the sources of stress, how to prevent and cope with stressful experiences and how to support students to deal with stress. Through a practical approach participants will acquire concrete methods and will share best practices that enable them to better manage stress in their job as well as in their personal lives.

This course allows participants to improve their ability to prevent and manage the work-related stress from identifying the sources, to prevent to distress and managing stressful situations related to parent-teacher relationship, bullying, undisciplined students, cooperation with colleagues, etc.

Thanks to this course the participants will:

- Learn about the dynamics and characteristics of stress, its causes and its effects;
- Get an insight into their individual patterns of stress response;
- Practice and acquire concrete stress management techniques and tools;
- Learn how to apply stress management tools to typical education situations (i.e. parent-teacher relationship, bullying, ...);
- Learn how to lead simple relaxation and visualization activities to ease students’ anxiety;
- Exchange good practices and discuss challenges with fellow colleagues and the course trainers.

Click here for more info about this course
Emotional intelligence and coaching skills for teachers, school and adult education staff

2019-20 PLANNED SESSIONS

Bologna
03/02/2019 – 09/02/2019
07/07/2019 – 13/07/2019
27/10/2019 – 02/11/2019

19/01/2020 - 25/01/2020
19/04/2020 - 25/04/2020
28/06/2020 - 04/07/2020
Coaching offers a powerful way for you to take a step back, reflect on your practice and find the courage to do things differently and recently we have withstood a trend of schools adopting coaching tools and strategies to foster and improve students’ learning process, attainment and emotional intelligence.

In our society, Emotional Intelligence is crucial for both teachers and learners and it is a greater predictor of success and accomplishment than IQ or academic results.

Participating in this course you will discover the power of emotional intelligence, coaching and leading as well as emerging trends to support students in their challenges.

We will practice and master concrete coaching activities, working methods and tools that you will be able to use the day after the course in your school.

Thanks to this course participants will:

- Get acquainted with the key elements and growing trends related to coaching and Emotional Intelligence;
- Develop a greater awareness of the learning process to support teaching methodologies tailored for the students;
- Learn how to enhance their own and their learners Emotional Intelligence;
- Practice and get acquainted with coaching tools and strategies to support and intensify the work on attitude;
- Get insights and concrete ideas on how to manage challenging situations in the school setting (e.g. how to manage lack of motivation, lack of communication, apathy...);
- Exchange best practices and share experiences with teachers and education staff coming throughout Europe.

Click here for more info about this course
Learners and staff mobility projects with Erasmus+

2019-20 PLANNED SESSIONS

Bologna
03/03/2019 - 09/03/2019
12/07/2020 - 18/07/2020
Learners and staff mobility projects with erasmus+

Overview and Main Objectives

In today's world European funds and programmes are a great opportunity for educational institutions of every kind. Erasmus+, the new programme for Education, Training, Youth and Sport has recorded a budget increase of about the 40% and provides grants for a wide range of actions including the opportunity for learners to undertake work placements abroad and for education staff to attend training courses or teach abroad.

This structured course aims to improve participants’ practical skills in the design, management and funding of Erasmus+ projects, notably learning mobility project for learners and staff (Key Action 1). The course covers all the project cycle steps from developing the idea, to finding the right partners, to design a successful project and properly managing and reporting it. The aim of this course is to improve the quality and of Erasmus+ projects in order to foster European integration and excellence in education by empowering education staff to develop and manager learning mobility projects with Erasmus+.

Thanks to this project the participants will:

- Acquire knowledge and practical information about EU policies and the Erasmus plus programme, through specific and project-oriented learning sessions;
- Improve their skills related to the application process through cooperative design and analysis of successful projects;
- Get guidance on the financial, budgeting and contractual aspects through concrete examples and direct evidences;
- Learn best practices related the planning and implementation of the preparatory, visibility, dissemination and follow-up phases through concrete case studies and successful projects;
- Make contacts with individuals and organisations interested in developing Erasmus+ projects through everyday cooperation and specific networking activities.

Click here for more info about this course
Intensive English Language Course for education staff

2019-20 PLANNED SESSIONS

Bologna
14/04/2019 – 20/04/2019 (1 week)
04/08/2019 – 17/08/2019 (1 week or 2 weeks)
26/07/2020 – 08/08/2020 (1 week or 2 weeks)
Intensive English Language course for education staff

Overview and Main Objectives

Considered to be the international language of business, English is the most widely learned second language and an official language of the European Union and of many other world and regional international organisations.

Designed and given by a native English speaker, this course is offered in two standard formats, an intensive 1-week course or a 2-week long course of full English Language immersion. The course is offered in 2 levels, intermediate (for participants with at least a B1 level) and basic (for participants with a low level). Each participant can choose the format and the level preferred.

The intermediate course is ideal for secondary teachers and trainers who teach their subjects in English and seek to further improve their level of English. The basic course is ideal for educational staff with a low level of English, for teachers taking the first steps towards CLIL and for teachers interested in working in a European project in which the working language is English.

Thanks to this course participants will:

- Improve their comprehension of spoken and written English by listening and interacting with native speakers;
- Master English grammar rules from simple to complex structures;
- Distinguish the difference between international business English and English spoken locally;
- Improve their writing skills and learn how to write a resume, cover letter and other styles of writing in English;
- Participate in group projects and thus strengthen their presentation skills in English;
- Be introduced to different English learning methods and tools to help further their language study.

Click here for more info about this course
Intensive Italian Language Course for education staff

2019-20 PLANNED SESSIONS

Bologna
04/08/2019 – 17/08/2019 (1 week or 2 weeks)
26/07/2020 - 08/08/2020 (1 week or 2 weeks)
Overview and Main Objectives

Italian is the fourth most studied language in the world and the Italian culture fascinates every year millions of tourists that decide to spend their holidays in this land rich in culture, music and literature, and professionals who aim to expand their business capacities through the acquisition of an ancient language like Italian.

You will have the chance to participate in an Italian course that will throw you inside the culture of this country and to visit some of the most beautiful cities in Italy.

Designed and given by a native Italian speaker this course is offered in two standard formats, an intensive 1-week course or a 2-week long course of full Italian Language immersion. Each participant can choose the format that best suit his/her needs and the course is tailored to the individual needs of each participant.

Thanks to this course participants will:

- Improve their comprehension of spoken and written Italian by listening and interacting with native speakers;
- Master Italian grammar rules from simple to complex structures;
- Improve their writing skills and learn how to write a resume, cover letter and other styles of writing in Italian;
- Immerse themselves in the culture of Italy, through visits of some of the most beautiful cities of the country, tasting Italian food and experiencing how is to live in Italy;
- Participate in group projects and thus strengthen their presentation skills in Italian;
- Be introduced to different language learning methods and tools to help further their language study.

Click here for more info about this course